



# CERTIFICATE OF COMPLETION

California MANIA April 9 - April 11 2010

Below is a list of the convention sessions approved for continuing education credits/units (CECs/CEUs). Please circle the CEC/CEU amount that corresponds to the classes you attended. Total your convention CECs/CEUs on the "total" lines. Bring your completed form to the registration desk at the conclusion of the conference to get an approved signature. You can also mail your CEC sheet to SCW Fitness Education, 3675 Commercial Ave. Northbrook, IL 60062 for signature within 30 days. A \$25 research fee will be assessed for CEC sheets 30 days after the convention. Please include a self addressed stamped envelope. Your registration summary will be validated and cross-referenced with our computer records and mailed to you within two weeks. You are responsible for photocopying and mailing your CEC sheet to your certifying body. Please retain a copy of this CEC/CEU form for your records for at least four years. ACE recognizes SCW Fitness Education as a continuing education specialist. CEC/CEU values are dependent on session selection. This convention has been approved by AFAA for continuing education units, but it was not developed by AFAA. It does not count as an AFAA course. SCW Fitness Education is an approved continuing education provider for the AEA.

**COURSE**

Provider Number

**INSTRUCTOR**

**SCW**

CA10

**AFAA**

2010111BB

**AEA**

**ACE**

**ISSA**

5500

**NASM**

316

**Wednesday, April 7, 2010**

Provider #

SCW Pilates Matwork Fundamentals Specialty Certificate	Bender	8.0	7.0	8.0	0.8	8.0	0.8
SCW WATERinMOTION	Lawson	8.0	7.0	8.0	0.8	8.0	0.8
SCW Moms in Motion Specialty Certificate	McCormick	8.0	7.0	8.0	0.8	8.0	0.8

**Thursday, April 8, 2010**

SCW Aquatic Exercise Fundamentals Certification	McCormick	8.0	7.0	4.0	0.7	8.0	0.8
SCW Advanced Functional Training Certification	Wolf	8.0	7.0	4.0	0.7	8.0	0.5
SCW Group Exercise Specialty Certificate	Gaspar	8.0	5.0	4.0	0.7	8.0	0.8
SCW Personal Trainer Specialty Certificate	Comana	8.0	6.75	4.0	0.8	8.0	0.9
SCW Group Fitness Director/Studio Owner Training Course	Lowell	8.0	5.0	4.0	0.7	8.0	0.8
SCW Small Group Training with Kettle Weights	Armstead	4.0	2.75	2.0	0.4	4.0	0.4
SCW Sports Nutrition Specialty Certification	Layne	8.0	8.0	8.0	0.8	8.0	0.9
SCW Targeting Your Core-A Five-Stage Core-Training Progression Model	Comana	4.0	2.75	2.0	0.4	4.0	0.4
SCW Outdoor Fitness Bootcamp	Dixon	4.0	2.75	2.0	0.4	4.0	0.4

**Page Totals**

Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Signature of SCW Fitness Education Employee for Approval \_\_\_\_\_

APPROVED BY: Francine Barnhill, Claudio Cornejo, Denise Johnston, Sara Kooperman, Isai Lebron, Krista Sahnas, Jerianne Guzman